

October 2017 Cam Elem/Jr Hi Line 2

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 milk is offered with each meal. Juice is offered at breakfast only All meals are subject to change without notice due to availability of product	2 Ham/cheese or deli-turkey hoagie, carrot sticks, celery sticks, ff ranch, raisins, apple, chips, ff mayo, mustard, EARLY RELEASE	3 hamburger steak or chicken fried steak, gravy, green beans, celery sticks, br. Rice, bread, fruit	4 BBQ rib on bun or Taco Bowl, <u>pinto beans</u> , tomato, shred romaine, carrot sticks, ff ranch, fruit	5 Chili/cheese dog or chicken burger, tater tots, shred romaine tomato, onions, ketchup, ff mayo, mustard, fruit	6 baked potato with ham, butter, crackers or chicken fajitas, <u>garden salad</u> , sour cream, cheese, ff ranch ,salsa, fruit	7	
8	9 STAFF DEVELOPMENT DAY	10 Enchiladas or bean/cheese burrito, <u>pinto beans</u> , <u>garden salad</u> , ff ranch, salsa, fruit	11 regular or spicy popcorn chicken, gravy, green beans, rice, broccoli/cheese, celery sticks, bread, ff ranch, ketchup, fruit	12 Hamburger or cheeseburger, shred romaine, tomatoes, onions, ketchup, ff mayo, mustard, tater tots, fruit	13 BBQ on bun or Sausage wrap, mac/cheese, <u>garden salad</u> , ff ranch, ff mayo, ketchup, mustard, fruit	14	
15	16 Chicken crispito or chicken quesadilla, corn, green beans, ff ranch, fruit	17 regular or spicy popcorn chicken, gravy, green beans, rice, broccoli/cheese, celery sticks, bread, ff ranch, ketchup, fruit	18 frito pie or BBQ rib on a bun, <u>pinto beans</u> , <u>garden salad</u> , ff ranch BBQ sauce, fruit	19 Chili/cheese dog or chicken burger, tater tots, shred romaine tomato, onions, ketchup, ff mayo, mustard, fruit	20 baked potato with ham, butter, crackers or chicken fajitas, <u>garden salad</u> , sour cream, cheese, ff ranch ,salsa, fruit	21	
22	23 18 Cheese or pepperoni pizza, corn, green beans, fruit ff ranch, fruit	24 Enchiladas or bean/cheese burrito, <u>pinto beans</u> , <u>garden salad</u> , ff ranch, salsa, fruit	25 hamburger steak or chicken fried steak, gravy, green beans, celery sticks, br. Rice, bread, fruit	26 Hamburger or cheeseburger, shred romaine, tomatoes, onions, ketchup, ff mayo, mustard, tater tots, fruit	27 BBQ on bun or Sausage wrap, mac/cheese, <u>garden salad</u> , ff ranch, ff mayo, ketchup, mustard, fruit	28	
29	30 Chicken crispito or chicken quesadilla, corn, green beans, ff ranch, fruit	31 regular or spicy popcorn chicken, gravy, green beans, rice, broccoli/cheese, celery sticks, bread, ff ranch, ketchup, fruit	USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER				