

September 2017 Cam Elm/Jr. Hi line 2

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk is offered with every meal, Juice is offered at breakfast only					1 regular or spicy popcorn chicken, gravy, green beans, rice, sliced carrots, bread, ketchup, fruit	2
3	4 LABOR DAY	5 Enchiladas or bean/cheese burrito, <u>pinto beans, garden salad</u> , ff ranch, salsa, fruit	6 regular or spicy popcorn chicken, mashed potatoes, gravy, broccoli/cheese, celery sticks. Bread, ff ranch, ketchup, fruit	7 Hamburger or cheeseburger, shred romaine, tomatoes, onions, ketchup, ff mayo, mustard, tater tots, fruit	8 BBQ on bun or sausage wrap, mac/cheese, <u>garden salad</u> , ff ranch, ff mayo, ketchup, mustard, fruit	9
10	11 Chicken crispito or chicken quesadilla, corn, green beans, ff ranch, fruit	12 regular or spicy popcorn chicken, gravy, green beans, rice, broccoli/cheese, celery sticks, bread, ff ranch, ketchup, fruit	13 Frito Pie or BBQ Rib on a bun, <u>pinto beans, garden salad</u> , ff ranch, BBQ sauce, fruit	14 Chili/cheese dog or chicken burger, tater tots, shred romaine tomato, onions, ketchup, ff mayo, mustard, fruit	15 baked potato with ham, butter, crackers or chicken fajitas, <u>garden salad</u> , sour cream, cheese, ff ranch, salsa, fruit	16
17	18 Cheese or pepperoni pizza, corn, green beans, fruit ff ranch, fruit	19 Frito Pie or bean/cheese burrito, <u>pinto beans, garden salad</u> , ff ranch, salsa, fruit	20 hamburger steak or chicken fried steak, gravy, green beans, celery sticks, bread, fruit	21 Hamburger or cheeseburger, shred romaine, tomatoes, onions, ketchup, ff mayo, mustard, tater tots, fruit	22 BBQ on bun or sausage wrap, mac/cheese, <u>garden salad</u> , ff ranch, ff mayo, ketchup, mustard, fruit, BBQ sauce	23
24	25 Chicken crispito or chicken quesadilla, corn, green beans, ff ranch, fruit	26 regular or spicy popcorn chicken, mashed potatoes, gravy, green beans, bread, ff ranch, ketchup, fruit	27 enchiladas or sloppy joes, <u>pinto beans, garden salad</u> , celery sticks, ff ranch, fruit	28 Chili/cheese dog or chicken burger, tater tots, shred romaine tomato, onions, ketchup, ff mayo, mustard, fruit	29 baked potato with ham, butter, crackers or chicken fajitas, <u>garden salad</u> , sour cream, cheese, ff ranch, salsa, fruit	30 USDA IS AN EQUAL PROVIDER AND EMPLOYER