

# October 2017 Cam EI/Jr High Line 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b> MILK IS OFFERED WITH EACH BREAKFAST AND LUNCH. Juice is offered at breakfast only</p>	<p><b>2</b> cereal, Scooby doo, fruit Ham/cheese or deli-turkey hoagie, carrot sticks, celery sticks, ff ranch, raisins, apple, chips, ff mayo, mustard, EARLY RELEASE</p>	<p><b>3</b> biscuit/sausage, jelly fruit Chicken alfredo or egg roll, green beans, celery sticks, bread sticks, sweet &amp; sour sauce, fruit</p>	<p><b>4</b> french toast, little smokies, syrup, fruit Frito Pie or BBQ on bun, <u>pinto beans</u>, shred romaine, tomato, ff ranch, BBQ sauce, fruit</p>	<p><b>5</b> sausage roll, mustard, fruit Hamburger or cheeseburger, shred romaine, tomatoes, onions, ketchup, ff mayo, mustard, tater tots, fruit</p>	<p><b>6</b> taco-to-go, salsa, fruit  Chicken nuggets or steak fingers, brown rice gravy, <u>garden salad</u>, ketchup, ff ranch, fruit</p>	<b>7</b>
<b>8</b>	<p><b>9</b> STAFF DEVELOPMENT DAY</p>	<p><b>10</b> biscuit/sausage, jelly fruit Nacho or soft taco, <u>pinto beans</u>, shred romaine, tomatoes, ff ranch, taco sauce, fruit</p>	<p><b>11</b> pancake on a stick, syrup fruit Lasagna or steak fingers, broccoli/cheese, celery sticks, bread, ff ranch, ketchup, fruit</p>	<p><b>12</b> sausage roll, mustard, fruit Chili/cheese dog or chicken burger, tater tots, shred romaine tomato, onions, ketchup, ff mayo, mustard, fruit</p>	<p><b>13</b> br. Burrito, salsa, fruit  Corn dog or fish, mac/cheese, <u>garden salad</u>, ff ranch, ketchup, mustard, fruit</p>	<b>14</b>
<b>15</b>	<p><b>16</b> cereal, graham cracker, fruit Cheese or pepperoni pizza, corn, green beans, fruit</p>	<p><b>17</b> biscuit/sausage, jelly fruit Spaghetti/meat sauce, or steak fingers, broccoli/cheese, celery sticks, garlic bread, ff ranch ketchup, fruit</p>	<p><b>18</b> cereal, muffin, fruit Enchiladas or beef burrito, <u>pinto beans</u>, shred romaine, tomato, ff ranch, salsa, fruit</p>	<p><b>19</b> sausage roll, mustard, fruit Hamburger or cheeseburger, shred romaine, tomatoes, onions, ketchup, ff mayo, mustard, tater tots, fruit</p>	<p><b>20</b> french toast, little smokies, syrup, fruit  Chicken nuggets or steak fingers, brown rice gravy, <u>garden salad</u>, ketchup, ff ranch, fruit</p>	<b>21</b>
<b>22</b>	<p><b>23</b> cereal, muffin, fruit Chicken crispito or chicken quesadilla, corn, green beans, ff ranch, fruit</p>	<p><b>24</b> biscuit/sausage, jelly fruit Nacho or chicken fajita, <u>pinto beans</u>, shred romaine, tomatoes, ff ranch, salsa, fruit</p>	<p><b>25</b> br. Burrito, salsa, fruit Chicken alfredo or egg roll, green beans, celery sticks, bread sticks, sweet &amp; sour sauce, fruit</p>	<p><b>26</b> sausage roll, mustard, fruit Chili/cheese dog or chicken burger, tater tots, shred romaine tomato, onions, ketchup, ff mayo, mustard, fruit</p>	<p><b>27</b> taco-to-go, salsa, fruit  Corn dog or fish, mac/cheese, <u>garden salad</u>, ff ranch, ketchup, mustard, fruit</p>	<b>28</b>
<b>29</b>	<p><b>30</b> cereal, Scooby doo, fruit Cheese or pepperoni pizza, corn, green beans, fruit ff ranch</p>	<p><b>31</b> biscuit/sausage, jelly fruit Chicken sticks or BBQ Rib on bun, mashed potatoes, gravy, green beans, bread, ketchup, fruit</p>	<b>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</b>			