

OCTOBER 2017

NATIONAL SCHOOL LUNCH WEEK
OCTOBER 9-13
squaremeals.org/nslw

MON

TUE

WED

THUR

FRI

br bagel, fruit, milk
ham/cheese sandwich, baby carrots, fruit, mustard, fat free mayo, chips **2**

biscuit/sausage, juice, milk
soft beef taco/cheese, pinto beans, salad, fruit **3**

pancakes, fruit, milk
chicken nuggets, mashed potatoes, gravy, mixed veggies, fruit, bread, ketchup **4**

cereal, graham crackers, juice, milk
hamburger, tater tots, salad, fruit, mustard, ketchup, ff mayo **5**

sausage roll, fruit, milk
cheese pizza, corn, fruit **6**

Staff Development Day **9**

pancake on a stick, juice, milk
chicken rings, brown rice, gravy, green beans, sliced bread, fruit **10**

blueberry muffin, fruit, milk
chili/cheese dog, pinto beans, fruit **11**

french toast, little smokies, juice, milk
cheeseburger, tater smiles, salad, sliced pickles, fruit, mustard, ketchup, ff mayo **12**

waffles, fruit, milk
pepperoni pizza, corn, fruit **13**

cheese toast, fruit, milk
corn dogs, mac/cheese, broccoli, fruit, mustard, ketchup **16**

br. pizza, juice, milk
beef nachos, pinto beans, salad, fruit **17**

pancake/sausage, fruit, milk
steak fingers, mashed potatoes, gravy, sliced carrots, bread, fruit, ketchup **18**

breakfast bagel, juice, milk
hamburger, tater tots, salad, fruit, mustard, ff mayo, ketchup, **19**

biscuit/sausage, fruit, milk
cheese pizza, corn, fruit **20**

pancake, fruit, milk
sausage wrap, tater tots, fruit, mustard, ketchup **23**

cereal, graham cracker, juice, milk
crispito, salad, fruit, crackers **24**

sausage roll, fruit, milk
chicken sticks, brown rice, gravy, peas & carrots, fruit, roll **25**

pancake on a stick, juice, milk
cheeseburger, tater smiles, salad, fruit, mustard, ketchup, ff mayo **26**

chocolate chip muffin, fruit, milk
pepperoni pizza, corn, fruit **27**

french toast sticks, little smokies, fruit, milk
fish, mac/cheese, veggie beans, fruit, ketchup **30**

waffles, juice, milk
spaghetti/meat, green beans, fruit, garlic bread **31**

Good Eats at:
Ben Milam-PK Menu

SPECIAL ANNOUNCEMENTS

Milk is served with all meals. 1% white. All meals are subject to change without prior notice due to availability of product.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

FUN facts on back!